



Lunch/Supper Menu

Ask about today's specials

Soup

made in-house from scratch

Chicken Noodle

Creamy Tomato Basil

Soup of the Day

Starter Salads

Caesar Salad

*crisp Romaine lettuce, Parmesan cheese
and croutons, tossed with Caesar dressing*

House Salad

*Iceberg lettuce, tomatoes and cucumbers,
served with choice of dressing*

Mixed Greens Salad

*mixed greens, oranges and almonds,
tossed in a citrus vinaigrette*

Sides

Applesauce

Cottage Cheese

Buttered Corn

California Vegetable Medley

Broccoli, Cauliflower & Carrots

Coleslaw

Baked Sweet Potato

Baked Potato

Mashed Potato

Desserts

Pumpkin Pie

Chocolate Éclair

Home-made Cookies

Fresh Fruit Salad



Ask your server about
today's specials!

Salads

Oriental Chicken Salad

*grilled chicken breast with Mandarin oranges,
red pepper, red onion, and sugar snap peas,
over mixed greens with sesame ginger dressing*

Cobb Salad

*grilled chicken breast, hard-boiled egg, avocado,
tomato, onion, bacon and bleu cheese over
Iceberg lettuce with choice of dressing*

Taco Salad

*choice of chicken or seasoned beef with
tomatoes, red onion, black beans, corn and
shredded cheddar cheese
served with salsa and sour cream on the side*

Entrées

Chicken Parmesan

*Breaded chicken breast with marinara and
melted mozzarella atop fettuccine pasta*

Chicken & Dumplings

*Diced chicken, sautéed vegetables and hearty
dumplings in a rich sauce*

Stir Fry

*fresh stir-fried vegetables over white rice,
add your choice of beef, chicken or shrimp*

Swedish Meatballs

*house-made meatballs in a creamy
mushroom sauce over egg noodles*

Lighter Fare

Open-faced Roast Beef

*Tender Top Sirloin roast sliced thin
Piled high on a piece of white toast
Served with a side of mashed potato*

Salisbury Steak

*Chopped steak topped
with French onion sauce*

Stuffed Pepper

*A bell pepper stuffed with seasoned
beef and rice, topped with marinara*

Shrimp Scampi

*Sautéed shrimp, tomatoes, scallions in a white
wine-butter sauce served over a choice of
white rice or Angel-hair pasta*



Lunch/Supper Menu

Ask about today's specials

Soup

made in-house from scratch

Chicken Noodle

**Soup of the Day
(no cream soup)**

Starter Salads

Caesar Salad

*crisp Romaine lettuce,
and croutons, tossed with Caesar dressing*

House Salad

*Iceberg lettuce, and cucumbers,
served with choice of dressing*

Mixed Greens Salad

*mixed greens, and almonds,
tossed in a citrus vinaigrette*

Sides

Applesauce

Buttered Corn

California Vegetable Medley

Broccoli, Cauliflower & Carrots

Coleslaw

Baked Sweet Potato

Baked Potato

Mashed Potato (no gravy)

Desserts

Diet Pumpkin Pie

Diet Chocolate Éclair

Diet Cookies

Fresh Fruit Salad



Ask your server about
today's specials!

Salads

Oriental Chicken Salad

grilled chicken breast with red pepper, red onion, and sugar snap peas, over mixed greens with sesame ginger dressing

Cobb Salad

grilled chicken breast, hard-boiled egg, avocado, onion, over Iceberg lettuce with choice of dressing

Taco Salad

choice of chicken or seasoned beef with red onion, corn and shredded cheddar cheese, served with sour cream on the side

Entrées

Chicken Fettuccine

Grilled chicken breast atop fettuccine pasta

Stir Fry

fresh stir-fried vegetables over white rice, add your choice of beef, chicken or shrimp

Grilled Tuna Steak

Lightly seasoned Ahi tuna steak

Salisbury Steak

Chopped steak

Lighter Fare

Open-faced Roast Beef (no gravy)

*Tender Top Sirloin roast sliced thin
Piled high on a piece of white toast
Served with a side of mashed potato*

Stuffed Pepper

A bell pepper stuffed with seasoned beef and rice.



Lunch/Supper Menu

Ask about today's specials

Soup

made in-house from scratch

Chicken Noodle (pureed)

Creamy Tomato Basil

Soup of the Day (pureed)

Starters

Applesauce

Cottage Cheese

Yogurt

Canned Fruit

Sides

Buttered Corn

California Vegetable Medley

Broccoli, Cauliflower & Carrots

Baked Sweet Potato

Baked Potato

Mashed Potato

Desserts

Pumpkin Pie

Chocolate Éclair

Home-made Cookies

Pudding



Ask your server about
today's specials!

Entrees

Taco Bowl

*Seasoned beef, tomatoes, red onion, black beans, corn & rice, topped with cheddar cheese
Served with sour cream & salsa*

Oriental Chicken Bowl

Ground chicken breast with sautéed red pepper, red onion, and sugar snap peas, served over rice with sesame ginger dressing

Stir Fry (ground)

fresh stir-fried vegetables over white rice, add your choice of beef or chicken

Chicken Parmesan (ground)

Breaded chicken breast with marinara and melted mozzarella atop fettuccine pasta

Chicken & Dumplings (ground)

Diced chicken, sautéed vegetables and hearty dumplings in a rich sauce

Swedish Meatballs

house-made meatballs in a creamy mushroom sauce over egg noodles

Lighter Fare

Open-faced Roast Beef

*Tender Top Sirloin roast sliced thin
Piled high on a piece of white toast
Served with a side of mashed potatoes*

Stuffed Pepper

A bell pepper stuffed with seasoned beef and rice, topped with marinara

Salisbury Steak

Chopped steak topped with French onion sauce



Lunch/Supper Menu

Ask about today's specials

Soup

made in-house from scratch

Chicken Noodle

Canned Tomato Soup

**Soup of the Day
(no cream soup)**

Starter Salads

Caesar Salad

*crisp Romaine lettuce,
and croutons, tossed with Caesar dressing*

House Salad

*Iceberg lettuce, tomatoes and cucumbers,
served with choice of dressing*

Mixed Greens Salad

*mixed greens, oranges and almonds,
tossed in a citrus vinaigrette*

Sides

Applesauce

Buttered Corn

California Vegetable Medley

Broccoli, Cauliflower & Carrots

Coleslaw

Baked Sweet Potato

Baked Potato

Mashed Potato (no gravy)

Desserts

Diet Pumpkin Pie

Diet Chocolate Éclair

Diet Cookies

Fresh Fruit Salad



Ask your server about
today's specials!

Salads

Oriental Chicken Salad

*grilled chicken breast with Mandarin oranges,
red pepper, red onion, and sugar snap peas,
over mixed greens with sesame ginger dressing*

Cobb Salad

*grilled chicken breast, hard-boiled egg, avocado,
tomato, onion, and bleu cheese over
Iceberg lettuce with choice of dressing*

Taco Salad

*choice of chicken or seasoned beef with
tomatoes, red onion, black beans, corn and
shredded cheddar cheese,
served with salsa and sour cream on the side*

Entrées

Baked Chicken Marinara

*Chicken breast with marinara and atop
fettuccine pasta*

Stir Fry

*fresh stir-fried vegetables over white rice,
add your choice of beef, chicken or
shrimp*

Tuna Steak

Lightly seasoned Ahi tuna steak

Lighter Fare

Open-faced Roast Beef (no gravy)

*Tender Top Sirloin roast sliced thin
Piled high on a piece of white toast
Served with a side of mashed potato*

Stuffed Pepper

*A bell pepper stuffed with seasoned
beef and rice, topped with marinara*

Salisbury Steak

Chopped steak served with a side of mashed potatoes