



Lunch/Supper Menu

Ask about today's specials

Soup

Made in-house from scratch

Chicken Noodle

Creamy Tomato Basil

Soup of the Day

Salads

Caesar Salad

*crisp Romaine lettuce, Parmesan cheese,
croutons and tossed with Caesar dressing*

House Salad

*Iceberg lettuce, tomatoes and cucumbers,
served with choice of dressing*

Mixed Greens Salad

*mixed greens, oranges and almonds,
tossed in a citrus vinaigrette*

Sides

Applesauce

Cottage Cheese

Broccoli

Mixed Vegetables

Carrots, corn, green beans, peas & lima beans

Coleslaw

Baked Sweet Potato

Baked Potato

Mashed Potato

Desserts

Marble Cake

Apple Pie

Home-made Cookies

Fresh Fruit Salad



Ask about
today's specials!

Salads

Sunshine Shrimp Salad

chilled Tiger shrimp over a bed of Spring greens with bell peppers, red onion, heirloom tomatoes, and orange segments

Grilled Chicken Caesar

grilled chicken breast served over crisp Romaine lettuce with Caesar dressing, parmesan cheese and croutons

Chef Salad

julienned ham and turkey, diced tomato, egg, cucumber, shredded Cheddar and Swiss cheeses over chopped Iceberg lettuce

Tenderloin Steak Salad

Char-grilled beef tenderloin sliced and served atop mixed greens with julienned bell peppers, red onion, tomatoes and choice of dressing

Entrees

Lemon-Herb Chicken

lemon and herb-brined chicken breast, grilled and served over cream corn risotto

Citrus-Brined Pork Loin

served with a side of Peach Mustard

Turkey a la King

tender turkey breast and vegetables in a rich creamy sauce, served over a house-made biscuit

Philly Cheese Steak

thinly sliced roast beef topped with sautéed bell peppers, onions and cheese sauce on a hoagie roll

Corned Beef Rubeen

*Tender slices of corned beef, Swiss cheese, sauerkraut and 1000 island dressing
Or try "The Rachel" with turkey instead*

Seafood

Seared Mahi-Mahi

Pan-seared Mahi-Mahi filet topped with a lemon-basil butter sauce

Salmon with Porcini Sauce

Char-grilled salmon filet topped with a rich Red wine and Porcini mushroom sauce



Lunch/Supper Menu

Ask about today's specials

Soup

Made in-house from scratch

Chicken Noodle (pureed)

Creamy Tomato Basil

Soup of the Day (pureed)

Starters

Applesauce

Cottage Cheese

Yogurt

Canned Fruit

Sides

Broccoli

Mixed Vegetables

Carrots, corn, green beans, peas &
lima beans

Baked Sweet Potato

Baked Potato

Mashed Potato

Desserts

Marble Cake

Apple Pie

Home-made Cookies

Pudding

Jell-O



Ask about
today's specials!

Entrees

Spinach Meatballs

*Fresh spinach and ground beef meatballs
with house-made Puttanesca sauce
Served over Capellini pasta*

Stuffed Mushroom

*Portabella mushroom stuffed with
mozzarella cheese, tomatoes & on-
ions.*

Chopped Steak

*Chopped steak served with a side of
mashed potatoes and gravy*

Citrus-Brined Pork Loin (ground)

served with a side of Peach Mustard

Lemon-Herb Chicken (ground)

*lemon and herb-brined chicken breast,
grilled and served over cream corn risotto*

Turkey a la King (ground)

*tender turkey breast and vegetables
in a rich creamy sauce,
served over a house-made biscuit*

Philly Cheese Steak (ground)

*thinly sliced roast beef topped with
sautéed bell peppers, onions and cheese sauce
on a hoagie roll*

Corned Beef Rubeen (ground)

*Tender slices of corned beef, Swiss cheese,
sauerkraut and 1000 island dressing
Or try "The Rachel" with turkey instead*

Seafood

Seared Mahi-Mahi

*Pan-seared Mahi-Mahi filet topped with a
lemon-basil butter sauce*

Salmon with Porcini Sauce

*Char-grilled salmon filet topped with a rich
Red wine and Porcini mushroom sauce*



Lunch/Supper Menu

Ask about today's specials

Soup

Made in-house from scratch

Chicken Noodle

**Soup of the Day
(no cream soup)**

Salads

Caesar Salad

*crisp Romaine lettuce and croutons tossed
with Caesar dressing*

House Salad

*Iceberg lettuce and cucumbers,
served with choice of dressing*

Mixed Greens Salad

*mixed greens and almonds,
tossed in a citrus vinaigrette*

Sides

Applesauce

Broccoli

Mixed Vegetables

Carrots, corn, green beans, peas & lima beans

Coleslaw

Baked Sweet Potato

Baked Potato

Mashed Potato (no gravy)

Desserts

Diet Marble Cake

Diet Apple Pie

Home-made Cookies

Fresh Fruit Salad



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today's specials!

Salads

Sunshine Shrimp Salad

*chilled Tiger shrimp over a bed of
Spring greens with bell peppers and red onion.*

Grilled Chicken Caesar

*grilled chicken breast served over crisp
Romaine lettuce with croutons &
Caesar dressing.*

Chef Salad

*julienned turkey, egg, and cucumber
over chopped Iceberg lettuce.*

Tenderloin Steak Salad

*Char-grilled beef tenderloin sliced and served
atop mixed greens with julienned bell peppers,
red onion and choice of dressing.*

Entrees

Lemon-Herb Chicken

*lemon and herb-brined chicken breast,
grilled and served over cream corn risotto*

Citrus-Brined Pork Loin

served with a side of Peach Mustard

Turkey a la King

*tender turkey breast and vegetables ,
served over a house-made biscuit*

Philly Cheese Steak

*thinly sliced roast beef topped with
sautéed bell peppers and onions
on a hoagie roll*

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sauerkraut and 1000 island dressing
Or try "The Rachel" with turkey instead*

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Red wine and Porcini mushroom sauce*



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Chicken Noodle

Canned Tomato Soup

**Soup of the Day
(no cream soup)**

Salads

Caesar Salad

*crisp Romaine lettuce and croutons and
tossed with Caesar dressing*

House Salad

*Iceberg lettuce, tomatoes and cucumbers,
served with choice of dressing*

Mixed Greens Salad

*mixed greens, oranges and almonds,
tossed in a citrus vinaigrette*

Sides

Applesauce

Broccoli

Mixed Vegetables

Carrots, corn, green beans, peas & lima beans

Coleslaw

Baked Sweet Potato

Baked Potato

Mashed Potato (no gravy)

Desserts

Diet Marble Cake

Diet Apple Pie

Diet Cookies

Fresh Fruit Salad



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