



MONDAY, NOVEMBER 13	TUESDAY, NOVEMBER 14	WEDNESDAY, NOVEMBER 15
<ul style="list-style-type: none"> <li>• <b>9:30 a.m.</b> - Water Aerobics - in the Aquatic Center</li> <li>• <b>9:30 a.m.</b> - <i>Residents' Council Meeting-</i> in the Behnke Center</li> <li>• <b>10:45 a.m.</b> - Moving in the Morning Exercise Class - in the Aerobics Studio</li> <li>• <b>1:15p.m.</b> - Evergreen Choir Practice - in the Behnke Center</li> <li>• <b>1:00 p.m.</b> - <i>Grief Support Group</i> -in the Resident Community Center</li> <li>• <b>1:00 p.m.</b> - Sheepshead—in the Solarium (GH)</li> <li>• <b>2:00 p.m.</b> - Joints in Motion Pool Exercise Class - in the Aquatic Center</li> <li>• <b>2:15 p.m.</b> - Balance and Strength - in the Aerobics Studio</li> <li>• <b>4:15 p.m.</b> - Chair Yoga &amp; Meditation - in the Aerobics Studio</li> </ul>	<ul style="list-style-type: none"> <li>• <b>9:00 a.m.</b> - Water Aerobics - in the Aquatic Center</li> <li>• <b>9:30 a.m.</b> - Bible Study - in the Ruth Rowland Room</li> <li>• <b>10:00 a.m.</b> -Art with Ellen –Ageless Art Room</li> <li>• <b>10:00 a.m.</b> -<i>LIR Life Story Writing</i> –Howard Rowland Room</li> <li>• <b>1:00-3:00 p.m.</b> - Wood Shop is Open - Wood Shop</li> <li>• <b>1:30 p.m.</b> -What's Up with Edie: "<i>Know Your Logo</i>" "<i>Caitlyn has some fun planned jogging your memory about logos from Advertising products!</i>" –Trellis</li> <li>• <b>2:00 p.m.</b> - Brain Games - in the Resident Community Room</li> </ul>	<ul style="list-style-type: none"> <li>• <b>9:00-3:30 p.m.</b> - Manor Mart is Open - Manor Mart</li> <li>• <b>9:30 a.m.</b> - Water Aerobics - in the Aquatic Center</li> <li>• <b>10:00 a.m.</b> - Catholic Liturgy of the Word w/ Communion /Catholic Mass - in the Behnke Center</li> <li>• <b>10:30 a.m.</b> -<i>Presbyterian Bible Study</i> - in the Resident Community Room</li> <li>• <b>10:45 a.m.</b> - Moving in the Morning Exercise Class - in the Aerobics Studio</li> <li>• <b>11:00 a.m.</b> - Ai Chi - in the Aquatic Center</li> <li>• <b>1:30 p.m.</b> - Grocery Shopping at Pick N Save - Meet in the Garden Place Lobby</li> <li>• <b>2:00 p.m.</b> - Joints in Motion Pool Exercise Class - Aquatic Center</li> <li>• <b>2:15 p.m.</b> - Balance and Strength - in the Aerobics Studio</li> <li>• <b>3:30 p.m.</b> -<i>Cookies and Company</i> -in the Manor South Lounge</li> <li>• <b>4:15 p.m.</b> - Chair Yoga &amp; Meditation - in the Aerobics Studio</li> </ul>
 <p><i>Grieve not Alone</i></p>		

THURSDAY, NOVEMBER 16	FRIDAY, NOVEMBER 17	SATURDAY, NOVEMBER 18
<ul style="list-style-type: none"> <li>• <b>9:00 a.m.</b> - Computer Help Sessions - In the Resident Community Room</li> <li>• <b>9:00 a.m.</b> - Water Aerobics - in the Aquatic Center</li> <li>• <b>11:00 a.m.</b> - Ageless Art Class - Solarium (GH)</li> <li>• <b>1:00-3:00 p.m.</b> - Wood Shop is Open - Wood Shop</li> <li>• <b>1:15 p.m.</b> - Scrabble - in the Manor North Lounge</li> <li>• <b>1:30 p.m.</b> –<i>LIR Great Reads of 2017 –in the Behnke Center</i></li> <li>• <b>1:30 p.m.</b> - <i>Bible Study - in the Westfield Community Room</i></li> <li>• <b>2:00 p.m.</b> - Brain Games - in the Resident Community Room</li> <li>• <b>7:00 p.m.</b> - <i>T.J. &amp; Lynn –in the Behnke Center</i></li> </ul> 	<ul style="list-style-type: none"> <li>• <b>8:30 a.m.</b> - <i>Men’s Coffee - in the Trellis</i></li> <li>• <b>9:30 a.m.</b> - Water Aerobics - in the Aquatic Center</li> <li>• <b>10:00 a.m.</b> - <i>Blood Pressure Clinic -in the Ruth Rowland Room</i></li> <li>• <b>10:00 a.m.</b> - Rosary - in Creekview North</li> <li>• <b>10:45 a.m.</b> - Moving in the Morning Exercise Class - in the Aerobics Studio</li> <li>• <b>1:00 p.m.</b> - Cribbage Group - in the Solarium</li> <li>• <b>2:00 p.m.</b> - Joints in Motion Pool Exercise Class - in the Aquatic Center</li> <li>• <b>2:30 p.m.</b> - News Group –Trellis</li> <li>• <b>2:30 p.m.</b> - <i>UWO Nursing Students “Skin Care for Seniors. Essential Oil’s will discussed also.” -in the Behnke Center</i></li> </ul> 	<ul style="list-style-type: none"> <li>• <b>9:00 a.m.</b> - Water Aerobics - in the Aquatic Center</li> <li>• <b>9:30 a.m.</b> - Sheepshead - in the Solarium (GH)</li> <li>• <b>1:00 p.m.</b> –<i>Water Color Class –in the Behnke Center</i></li> <li>• <b>3:00 p.m.</b> - <i>Minding the Manors - Manor North</i></li> </ul> <div style="border: 1px solid black; padding: 5px; text-align: center; margin: 5px 0;"> <b>SUNDAY, NOVEMBER 19</b> </div> <ul style="list-style-type: none"> <li>• 3:30 p.m. - Vespers - in the Behnke Center</li> </ul> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <b>Special Events Happening Next Week:</b> </div> <ul style="list-style-type: none"> <li>• Monday, November 20–Grief Support Group</li> <li>• Monday, November 20—Water Color Class</li> <li>• Monday, November 20 –Past Nancy’s Retirement Party</li> <li>• Tuesday, November 21 –LIR: Life Story Writing</li> <li>• Wednesday, November 22 – Cookies &amp; Company</li> <li>• Thursday, November 23 –Happy Thanksgiving!!</li> <li>• Saturday, November 25 –Cinema “Places in the Heart”</li> </ul>