

2017 Aquatic Center Schedule

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------------|--|--|--|--|--|---|---------------|
| 7:30 - 9:00 | Open Swim Community | Open Swim Community | Open Swim Community | Open Swim Community | Open Swim Community | 8:00-10:00 Open Swim Community Staff Residents & Family | CLOSED |
| 9:00 - 9:45 | | Water Aerobics | | Water Aerobics | | | CLOSED |
| 9:30 - 10:15 | Water Aerobics | | Water Aerobics | | Water Aerobics | 10:00-11:00 Open Swim Residents & Family, Staff | CLOSED |
| 10:00 -11:15 | One-on-one Residents only | One-on-one Residents only | One-on-one Residents only | One-on-one Residents only | One-on-one Residents only | CLOSED | CLOSED |
| 11:00 -Noon | Open Swim Community | Open Swim Community | Ai Chi * | Open Swim Community | Open Swim Community | CLOSED | CLOSED |
| Noon -1:00 | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED |
| 1:00 - 1:45 | Joints in Motion Residents & Community | Joints in Motion Residents & Community | Joints in Motion Residents & Community | Joints in Motion Residents & Community | Joints in Motion Residents & Community | CLOSED | CLOSED |
| 2:00 - 2:45 | Joints in Motion Residents only | One-on-one Residents only | Joints in Motion Residents only | One-on-one Residents only | Joints in Motion Residents only | CLOSED | CLOSED |
| 3:30 - 4:30 | Open Swim Residents & Community | Open Swim Residents & Community | Open Swim Residents & Community | Open Swim Residents & Community | Open Swim Residents & Community | CLOSED | CLOSED |
| 4:30 - 5:15 | Water Aerobics | Aqua Fit | Water Aerobics | Joints in Motion | | CLOSED | CLOSED |
| 5:30 - 6:15 | | Ai Chi* | | | | CLOSED | CLOSED |

* \$5 class fee - If you want to try a class before purchasing a punch card