

# 2018 Aquatic Center Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>7:30 - 9:00</b>	Open Swim Community	Open Swim Community	Open Swim Community	Open Swim Community	Open Swim Community	<b>8:00-10:00</b> Open Swim Community Staff Residents & Family	<b>CLOSED</b>
<b>9:00 - 9:45</b>		Water Aerobics		Water Aerobics			<b>CLOSED</b>
<b>9:30 - 10:15</b>	Water Aerobics		Water Aerobics		Water Aerobics	<b>10:00-11:00</b> Open Swim Residents & Family, Staff	<b>CLOSED</b>
<b>10:00 -11:15</b>	One-on-one Residents only	One-on-one Residents only	One-on-one Residents only	One-on-one Residents only	One-on-one Residents only	<b>CLOSED</b>	<b>CLOSED</b>
<b>11:00 -Noon</b>	Open Swim Community	Open Swim Community	Ai Chi *	Open Swim Community	Open Swim Community	<b>CLOSED</b>	<b>CLOSED</b>
<b>Noon -1:00</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
<b>1:00 - 1:45</b>	<b>Joints in Motion</b> Residents & Community	<b>Joints in Motion</b> Residents & Community	<b>Joints in Motion</b> Residents & Community	<b>Joints in Motion</b> Residents & Community	<b>Joints in Motion</b> Residents & Community	<b>CLOSED</b>	<b>CLOSED</b>
<b>2:00 - 2:45</b>	Joints in Motion Residents only	One-on-one Residents only	Joints in Motion Residents only	One-on-one Residents only	Joints in Motion Residents only	<b>CLOSED</b>	<b>CLOSED</b>
<b>3:30 - 4:30</b>	<b>Open Swim</b> Residents & Community	<b>Open Swim</b> Residents & Community	<b>Open Swim</b> Residents & Community	<b>Open Swim</b> Residents & Community	<b>Open Swim</b> Residents & Community	<b>CLOSED</b>	<b>CLOSED</b>
<b>4:30 - 5:15</b>	Water Aerobics	Aqua Fit	Water Aerobics	Joints in Motion		<b>CLOSED</b>	<b>CLOSED</b>
<b>5:30 - 6:15</b>		Ai Chi*				<b>CLOSED</b>	<b>CLOSED</b>

\* \$5 class fee - If you want to try a class before purchasing a punch card