

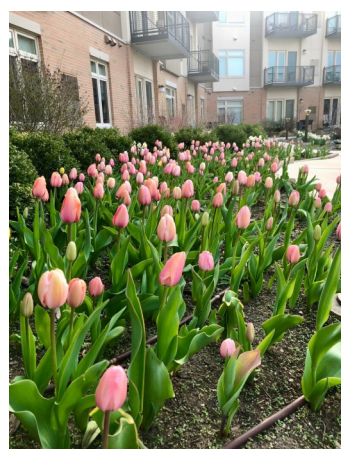
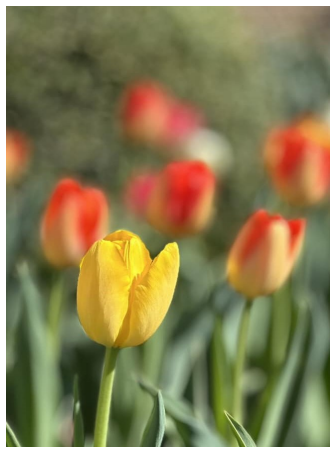
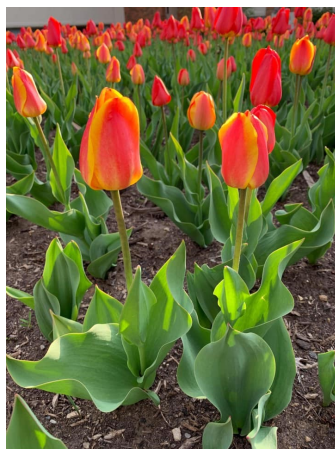


Eye on Evergreen

Conversations with your friends and neighbors

Vol. 5 No. 8 March/April 2024

Spring at Evergreen



THIS AND THAT



FROM HEAD TO TOE

How lucky we are to have Head to Toe services available at Evergreen! The onsite Uniquely You Beauty and Barber Shop offers hair care for men and women, pedicures and more! Call 920-237-2170 for more information, or to make an appointment.

Foot Care Services are provided by Nadine Hutmaker, a registered nurse and certified foot care specialist. To make an appointment or more information, call her at 920-237-6242.



EXERCISE WITH EVTV

If you are not up to joining a regular exercise class here, you can tune in to EVTV Channel 955 every morning at 9:30 for a half hour of mostly chair exercises. Try it, you might like it!

LAPIDARY

Lapidary is work involved in engraving, cutting, or polishing stones and gems. Did you know we have a lapidary room? It is located in the lower level by the Behnke Center and Ageless Art Center. Check the Resident Portal CALENDAR for dates and times. Instructors will be available on Wednesdays 9am-12pm to teach residents.

-Donna L.

CENTERING PRAYER GROUP

MEETS EVERY THURSDAY AT 10 AM, IN THE W&PAC

Most faith traditions have some form of meditation or contemplation. Virtually all methods of meditation have a goal of expanding, or deepening, the consciousness of the practitioner.



In her book *Centering Prayer and Inner Awakening*, Cynthia Bourgeault writes that even though we can perhaps find ways to stop “outer noise” it is much more difficult to still the “inner noise”. She says Centering Prayer “...is a very simple method for reconnecting us with that natural aptitude for the inner life which, over time, of its own accord, leads to personal self-emptying and a more unitive outer life.

COMMENTS OF CENTERING PRAYER PARTICIPANTS

“I enjoy centering meditation to connect me to the flow of ever-present Spiritual Love, bringing it into my daily life. I move out of my head and into my heart. Through Divine Love, I connect with all others and all life and my innermost core. I realize that God is always with me and in all places. I am thankful for this connection.” -Dorothy Gayhart-Kunz

“When we gather for centering prayer, we leave all our denominational differences at the door. We sit in silence, in the presence of each other and God.” -Alan Rommelfanger

“Sometimes life can be filled with confusion, noise, and drudgery. Come and join us for twenty minutes of silence and peace.” - Betty Meyers

“Centering Prayer provides an opportunity to enter a place for brief silence and separation from the events of the day. Daily practice results in a changed human being.” -Leaore Rommelfanger



Movie and Music Prompts



In the last issue of Eye on Evergreen, prompts for commercial products were offered. Did you get them all? Good for you. Now, this time....

Here are some prompts for movies/musicals. Can you remember the words that follow the prompt? Or, the name of the movie, music, or musical?

Movie or Music Prompts

PROMPTS	# of WORDS THAT FOLLOW	MOVIE OR SONG
1. Stand by	(2) _____	_____
2. Sunrise, sunset	(2) _____	_____
3. Whistle	(3) _____	_____
4. Go ahead	(3) _____	_____
5. Play it again	(1) _____	_____
6. Frankly,	(2) _____	_____



-Don D.

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Just for Fun: Can you find the “Eye” on Evergreen? In each issue of “Eye On Evergreen,” an eye is hidden somewhere. Can you find it?  **Happy Hunting!**

SAFETY FIRST: HOME COOKING FIRE PREVENTION

Did you know that kitchen fires are the most common type of fire in the United States? According to the National Fire Protection Association, ranges or cooktops cause 62% of home fires. Here are some tips to stay safe in your kitchen:



- Keep anything that can catch fire away from your stovetop, like hot pads, oven mitts and cooking utensils.
- Always unplug countertop appliances when not in use, that includes your toaster.
- Double check that everything is turned off when you finish cooking.
- Keep your oven and stovetop clean of grease and dust.
- Never leave the kitchen while cooking.
- Never cook while sleepy, drinking alcohol, or taking medication that makes you drowsy.
- Never use a cooking stove to heat your accommodation.
- Never disable a smoke alarm while cooking.

-Donna L.

THOMAS E. NETA LIBRARY

We are blessed to have a wonderful library, with a wide selection of books and periodicals, and dedicated volunteer librarians to take care of them. But, who was Thomas E. Neta and how did we come to have this fine library?

Tom's Aunt Amelia (Millie) Neumueller came to live at Evergreen in 2001. Tom remembered her reading to him when he was a little boy, which greatly influenced his love for books. The following year Tom made a gift to honor her. Since then, with each annual donation in her honor, then memory, Tom repeated, "I'm so grateful for Aunt Millie's care." When Tom became ill, he asked if Evergreen had an interest in owning his extraordinary treasure of books. His request was timely as a new library was part of the master site plan vision. Because of Tom's collection of books and generous amount gifted to Evergreen through his estate, our library was named after him.



Tom's lifelong devotion to his Aunt Millie, a lifetime love of books, and a final wish to impact the future for many others is the story of the Thomas E. Neta Library.

-Donna L.

What Are You Reading?



Village resident Mary Weddig shares *The River We Remember* (Krueger, W.K. (2023) Atria Books). Having enjoyed all of William Kent Krueger's previous books, Mary sought this one out at the Oshkosh Public Library when she heard he had a new one.

The story is set in a small Minnesota river town. She noted it is *not* part of Krueger's series featuring detective Cork O'Connor. Here, a young boy, the son of the sheriff, is found dead. The Sheriff works to untangle the mystery of who killed him. A Native American man is accused. A small faction of the town believes he is innocent. Hidden secrets of the families of the town are slowly revealed, along with resolution of the murder mystery.

The book gave Mary a feeling of nostalgia. It's set in the early 1960's, when she was a child herself, and in a small town reminiscent of her Kewaskum hometown. The book invoked the feeling that your parents will always keep you safe.

In Mary's opinion, Krueger's writing quality is always good. She trusts him as an author to avoid boilerplate expression and solutions and believes he did so here. Mary said Krueger conveyed messages about how people soldier through adversity and misjudge others. She said there are often prayerful endings to his books, including this one.

Mary would "absolutely" recommend this book. She added that those unfamiliar with the author should go back to his first book, *Iron Lake* (Krueger, W.K. (1998) Atria Books) and read them all. Many are in the Neta Library.



Loran Volland, Courtyard resident, just enjoyed *True Blue* (Baldacci, D. (2009) Grand Central Publishing). Baldacci's a favorite author.

Lead character Mason "Mace" Williams was a police officer in a tough Washington D.C. neighborhood until she was kidnapped, framed for a crime she didn't commit, and served two years in prison. To get her job back, she must solve a serious crime. Complications are plenty, including her sister's role as Chief of Police, a college professor who wants to clean up the area, and a lawyer who becomes more than a friend. Foreign influence and corruption are in the mix. While reading, Loran felt sympathy with Mace, in jail unjustly.

In Loran's view, the book was well written. He appreciates Baldacci's imagination, saying he writes in interesting ways and makes you pull for people who need help. He recommends it.

-Alyson Z.



JACK OF ALL TRADES

If you have lived at EVERGREEN for longer than a month, you most likely have met one of the Jacks of all Trades in our Maintenance Department, Wally Cartwright.

To keep the grounds beautiful, the furnaces and air conditioners working, the plumbing flowing, and the electricity available to the multiple types of accommodations at Evergreen requires staff members with a variety of skills.

And, given the many different personalities of residents, that staff must have a great sense of humor.

After ten years at work in a door manufacturing company, Wally joined Evergreen's grounds keeping staff. A year later, he transferred to maintenance and has been continuously employed for fourteen years. In April Wally will transition from full-time to being semi-retired.

Wally was born in New London, Wisconsin, as one of seven children. When the family moved to Oshkosh, he attended public schools and graduated from Oshkosh West High School in 1976.

Along the way, Wally acquired several skills via 'on-the-job training' or simply learning on his own. From plumbing (especially tub leaks or drain problems) through electrical (assessing circuit breakers) and into caretaking of the almost historic boiler, Wally stays positive and friendly.

He is married to Sandy and has four children. Sandy works at 4-Imprint and will continue there when Wally semi-retires.

Retirement means GOLF, whether on the links outside or in simulators in the area, and fishing with his grandson. He asserts that friendships among the staff are strong, so socializing or sharing projects will continue because he will stay on at Evergreen for a few days a week.

The variety of situations our maintenance Jacks-of-all-Trades get into present some unusual experiences. Wally recalls a time when fish tanks were being cycled out and they needed to remove the water via siphoning. When one of the men took a deep suck on the hose, he inhaled a large gulp of yucky water and choked on the residue. This brought raucous laughter from the others. For fun, the staff still reminds him of this from time to time.



Or the time he and the CEO had to intervene with a stranger who had taken to sit all day in his car in one of the lots. Fearing that he was a stalker, Ken approached the man and informed him of the need to move. As Wally, smiling, put it, "I was the backup... ."

Or the birds in dryer vents?

Wally will retire and move from full-time to part-time in mid-April. Watch for him as he dashes from job to job and wish him a happy and healthy future.

-Don D.

COLLECTIONS & TREASURES

HANDCRAFTED JEWELLED EGGS During March we were able to enjoy the display of stunning jeweled eggs in the Isom Fireside Lounge Cabinet. These eggs were the creation of Courtyard resident Barb Wagner. You will recall the recent exhibit of her handmade Christmas ornaments during mid-November through December 2023. This display was received by viewers with wonder, delight and SO many words of praise. The article regarding these ornaments and the story of how she became interested in the handicraft of designing and creating Austrian jeweled Christmas ornaments and Easter eggs



appeared in the November/December issue of Eye On Evergreen. Each jewel was painstakingly applied with a tweezer, glued and tapped down with a toothpick. In 1969 her Mom purchased the Japanese style tree branch to display these eggs. It is a wonderful way to showcase the eggs, and was used throughout Barb's childhood, and then while raising Barb and John's family.

There were 23 eggs hanging on the tree, and 6 more were in the "grass" surrounding the base. Also included were three beautifully painted ceramic eggs which were a gift to her daughters. Barb added a ceramic bunny, which stood on the top shelf. It absolutely looked like it was made of chocolate and ready to take a bite of!

Personal data about Barb and husband John was also in the article, and won't be repeated here. Barb and John moved to the Courtyard August 15, 2018. She continues to enjoy the pool, and swims one-half mile Monday-Friday, plus biking on the NuStep several times a week. Barb belongs to the Spiritual Life Committee, and when possible takes advantage of the numerous events which are offered each month.

Barb, once more you gave all who viewed the eggs many moments of pleasure in seeing these gorgeous pieces. We appreciate it so very much!

JAPANESE CURIOS In April, the exhibit in the Isom Fireside Lounge Cabinet is an intriguing collection from Manor North resident Joanne Roth. Included are the HAKATA dolls. These originated in the 1600s when a feudal lord noted that workmen building his castle were making dolls of clay. He hired the workmen to make dolls and items for his castle, and it became a business which continued for many years. Dolls such as those displayed purchased in the 1950s or before have greater value and are more collectible. Joanne said she has seen them offered on eBay. She lived on Itasuki Air Force Base located on Kyoshu Island in Japan from 1955-58 when her husband was stationed there. She enjoyed visiting vendors and found wonderful prices on those occasions.

Continued on next page...

COLLECTIONS & TREASURES cont.

What struck her about the dolls was the expressions on their faces. Also included in the exhibit are two antique clay masks. These were a gift from her Japanese housekeeper on the base, who told her they had belonged to her grandfather. They are two of the seven “Happy Gods” because of their happy smiles. Traditionally these are the Gods of Luck, Working Men and Fishermen.



Joanne was born in Evansville IN, but her family later moved to Oshkosh. After graduating from high school here, she moved back to Evansville because her grandparents were there, and attended Deaconess Hospital Nursing School, which was associated with Evansville College. She graduated as an RN, and during the 1950s worked in surgery at the same hospital, assisting neuro and orthopedic surgeons. Her husband was in ROTC at the college. After their marriage, he was posted to Japan, in charge of the Far Eastern Network on the AFB mentioned above. After Japan, Joanne moved to Cincinnati, and then to Oshkosh, where she worked at Mercy Hospital for 25 years in the Medical Surgical Unit, retiring from there.

She had visited various retirement communities in Oshkosh, and decided on Evergreen because of the numerous activities offered here. She moved to her Manor North apartment in May of 2021. She loves her view of the Courtyard waterfalls and plantings—just one of the reasons she is so glad to be living here! Joanne’s son David Roth (Oshkosh) has three children, and daughter Becky Galicia (Oshkosh) has two. Following her retirement Joanne volunteered as a docent at the Paine Art Center and Gardens, indicating she loved every minute of giving tours of the mansion and gardens. At Evergreen she belongs to More Than A Book Club, attends Tuesday a.m. Oil Painting, LIR programs, and the various entertainment programs.

This exhibit is yet another example of the interesting and fascinating collections which have been made available by our residents. We thank you, Joanne, for sharing your treasured pieces with us!

LOOKING AHEAD TO MAY Next month there will be a display in the cabinet of beautiful lapidary pieces created by Evergreen residents and members from the Oshkosh Science Club.

Ann Voges has been an Evergreen volunteer for 15 years, and leads a lapidary class every Wednesday from 9:00 a.m.-noon. The Lapidary, which is part of the Ageless Art Center, is located in the lower level of Evergreen.

The exhibit will include jewelry, gem trees (wire trees with stones on the wires) and specimens. Also on display will be the progression from the raw rough to the polished jewelry. Ann said it can take up to approximately 2-3 hours to finish an item.

Be sure to watch for and enjoy this most interesting exhibit during May!

A VIEW FROM THE VILLAGE

BUILDING COMMUNITY WITHIN THE VILLAGES OF EVERGREEN

The Villages at Evergreen were developed beginning in 1985, introducing a new concept of retirement living for adults. It was unique in offering an independent lifestyle within a close caring community. The concept of “*community living*” is evident in the structure of each building such as a glassed-in veranda which connects to each apartment and is often used as a gathering area for the residents.

One of the ways “*community*” is fostered is through the Villages’ monthly get-togethers. Residents in each of the six buildings take their turns planning and implementing a community event. These include on-campus parties, outings to area restaurants and sites of local interest.

In the early years, most events took place in the residents’ apartments or in their spacious grassy courtyards. If they did plan an off-campus event, residents needed to take the Evergreen bus which during those years seated about 20. Later in the 2000’s, these events became more planned and organized, with a yearly schedule developed and given to each resident. As of 2024, residents in each of the six Village buildings are responsible for planning and implementing two events a year.

Our recent March event was planned by the residents from the 1020 Building. They chose to plan a breakfast at the Mineshaft restaurant. Sixteen persons attended and had a lovely time eating and visiting while sitting around a wonderful blazing fire pit. Other events have included lunches, brunches, late afternoon cocktail parties, and a summer ice cream social.

The included pictures are from the March Mineshaft breakfast.

-Vicki M.



1020 Building Hosts
Diane Kohl, Joan Warwick,
Pam Freeman
Not Pictured: Joan Hudson



MEET YOUR NEIGHBOR

Have you met Marilyn Kraus? She was born in Fond du Lac and grew up in a family of three girls. After high school she worked in the local telephone company office. During a remodeling project, her office was moved in with the line men. A friend there told her about his friend who he thought she should meet. They did meet and were married in 1953; she and Lyle moved to Oshkosh where they raised three boys.



After Lyle died in September of 2018 one of their sons and his wife suggested Marilyn move to Evergreen, which she did in December of 2019, to a Manor South apartment.

Marilyn has always enjoyed quilting, knitting and crocheting. In 8th grade she joined a knitting club and was hooked. She has made mittens, sweaters and socks; and is still knitting caps for various charity organizations. Marilyn joins the quilting group when they meet in the Hearth Room near Courtyard Door 2 and also the knitting group when they meet in the Rec Room, across from Pub 67. She also enjoys embroidery and is particularly interested in hardanger, an art form from Norway.

When she isn't busy with needlework, Marilyn enjoys musical programs in the Arline L. Sitter Worship and Performing Arts Center; if she misses one she tries to watch it on EVTV. She also likes playing cards and Sundays you will find her playing Kings Corner in the Manor South Lounge. Marilyn is a firm believer in walking and joins the Wednesday morning walking group. She is also a Wisconsin sports fan – the Packers, Bucks, Badgers, Brewers.

Thank you, Marilyn, for sharing your story. We look forward to seeing you in the neighborhood.

-Donna L.

Coming Attractions



There will be a volunteer appreciation brunch on Saturday April 27th from 10-12pm in the Behnke Center. Mark your calendar.



Mark your calendars for June 13th. The Evergreen Singers will be performing TWICE that day. More information later about the times.

Campus Notes: March 2024

Spring arrived early - too early - in 2024.

While we kept having substantial snowfalls clear into mid-March in 2023 and there were still ice shovels banked against the trail at Miller's Bay on April 3 of that year, the last vestiges of snow and ice had practically disappeared by early February 2024. Bulb plants, such as tulips, daffodils, crocus, and hyacinths began pushing up early, and by March many of them started blooming near buildings in sunny locations. The very first blossom greeting me on February 27 at the entrance into Garden Grove was a blue Anemone tucked in among the cactuses at the corner.

And on each consecutive campus walk I discover additional signs of life and vigor in our natural world. The daffodils in the woodlands are developing their flower buds at least three weeks ahead of last year, rhubarb and peonies are peeking out of the dark earth, and the prairie plants on the berm seem to be ready to take off. Yet the excitement and wonder about the rebirth of life is tempered by the concern about climate change, by the uncharted future of our biological world. Much food for thought.

-Submitted by Barbara Bowlus, Chair Grounds Committee



Crocus Flowers



Daffodil Flowers



Anemone Flowers

Attention Residents!

If you or someone you know is interested in volunteering to run our Cinema the 2nd or 4th Saturday of the month from 1:30-3:30 P.M. please contact Edie Norenberg at (920) 237-6221. Training will be provided!! This is such an enjoyable event for residents & we would like to see it continue. Thank you!!



Answers: Movie and Music Prompts

1. Your Man/Stand by Your Man
2. Sunrise, sunset/ Fiddler on the Roof
3. While you work/Snow White and the 7 Dwarfs
4. Make my day/ Dirty Harry
5. Sam/Casablanca
6. My Dear/Gone with the Wind



Home Cookin' at Evergreen!

Some of you lifelong residents of Oshkosh may recall **The Grey Fox**, an upscale restaurant located in Park Plaza--being "the place to go" for fine dining in the 1960's and 70's. Becket's, named after the architect who designed Park Plaza, now occupies this space.



While attending graduate school, I worked part-time as a waitress and sometimes chef's assistant at this restaurant. With my keen interest in the culinary arts, I was always eager to expand my skills. I would take special note of the chef's every activity. Chef "Schuby" was a temperamental *prima donna*, who did not always appreciate my interest. One day when I got too close, he slammed a large knife down on the cutting board within inches of my fingers. The recipe included below is one of the restaurant's signature appetizers which I was able to take away at great peril to my well-being.

The tasting team including Dan Bauman, Don & Carol Derozier, and Luella Remmel unanimously concluded that obtaining this recipe was worth the risk and worthy of the EOE newsletter. We shared a lovely evening participating in the process. Don recorded as I added exact measurements of ingredients. Dan assisted by removing heavy dishes from the oven and transporting them to the table. Luella, well known for her cooking and baking abilities, explained the butter/flour mixture prepared is called a "rue". Carol provided encouragement with her warm smile. It was time well-spent in fellowship and good company.

Crab Stuffed Mushrooms with Butter and Wine Sauce

1 lb. medium sized white button mushrooms	3/4 cup whole milk (heated just to boiling)
1 1/2 cups snow crab (about 2 large clusters)	2 to 3 tbsp. lemon juice to taste
1 to 2 tbsp. fresh chives or scallions (diced)	seasoned salt and white pepper to taste
2 tbsp melted butter	1 cup melted butter
2 tbsp. flour	1/2 cup dry white wine

Directions:

- Brush outsides of mushrooms to remove dirt and debris.
- Using a teaspoon, remove gills and discard.
- Arrange mushroom caps in a single layer in a shallow glass baking dish. Set aside.
- Place 2 large clusters of crab legs into boiling water until it returns to a rolling boil.
- Crack legs, remove crab meat. Set aside.
- In a small saucepan, melt butter over moderately high heat.
- Add flour, blend into butter, stir constantly until butter bubbles in the pan. **Do not brown.**
- Gradually blend warm milk into flour mixture stirring constantly until mixture thickens to the consistency of mayonnaise. Blend this mixture into crab meat. Blend chives/scallions and lemon juice into crab meat.
- Fill mushroom caps with mixture.
- Pour butter, then wine over mushrooms.
- Bake in preheated 425 degree oven for 35 to 45 minutes until sauce is bubbling.

-Pat B.