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2025 SPRING COURSE CATALOG

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Learning in Retirement at Evergreen in partnership with UW Oshkosh

Learning in Retirement 2024 - 2025 Steering Committee

Officers



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Committee Chairs



**Administrative/Finance
Jerry Lang**



**Curriculum
Lee Prellwitz**



**Membership/Promotion
Pat Mahoney**

To reach an officer, please send an email to lir@EvergreenOshkosh.com or call the office at 920-237-2101 and your message will be forwarded to the appropriate person.



From the President

LIR has completed the inaugural semester of our partnership with Evergreen. Both organizations rose to the needs of this effort. Along the way, we were all introduced to new methods and processes. Occasional needs for adjustment occurred, but the overall process was smooth.

The highlight of the spring semester will be “strategic visioning,” a technique the Evergreen organization uses. This technique allows us to peer into our previous operations and then plan logically for the future. This preparation has already begun with a survey that helps us target elements for the process by asking the membership to critique the process. A finite number of people will be recruited to participate in the deliberation. We aim to include a cross-section of the membership.



The Curriculum Committee’s efforts and evident success are to be acknowledged. I will once again ask for more members to get involved in the curriculum process to contribute to LIR's long-term success. Thank you to those who have participated. As usual, a full selection of curriculum content has been assembled. Enjoy!

A handwritten signature in black ink that reads "J. Krueger".

J. Krueger

LIR is being offered through Evergreen in partnership with UW Oshkosh. Evergreen staff provide administrative support for LIR by collecting and tracking registrations, memberships, and other payments. They are your go-to for answering questions and day-to-day administration of the program.

You may contact:
Administrative Support at lir@EvergreenOshkosh.com or by calling **920-237-2101**.

The Mailing Address is:
Evergreen
Attn: LIR
1130 Westfield Street
Oshkosh, WI 54902

Membership & Registration of Courses

Membership: Your LIR Membership fee of \$105 includes attendance at unlimited programs for one academic year July 1 – June 30. Membership year is July 1 thru June 30. Annual membership renewal opens up in the Fall. Course catalogs will be made available annually (Fall and Spring). To join in Spring, the membership fee is \$55.

Renew membership and register for courses online through the LIR website by scanning the QR code, or at www.evergreenoshkosh.com/learning-in-retirement. Instructions for registration will be available through the LIR office. Evergreen staff will also be available to guide members through this new registration process. Contact lir@EvergreenOshkosh.com.



Payment: Payment for membership, fee-based programs and tours should be submitted to the LIR office. Accepted payment methods include cash or check. Please make checks payable to Evergreen and include "LIR" in the memo line.

General Information

Payment Procedures for Paid Programs: Please only register for programs that you plan to attend. It is required that you pay when you register by submitting payment to the LIR office at Evergreen. Your payment secures your spot in fee-based programs and tours.

Bring a Friend: You may bring a non-member to programs. Please check with the office first to ensure there is space available.

Program Change Notifications: If there is a last-minute program schedule change or cancellation due to circumstances other than weather, an email will be sent to those registered. Make sure your email is up to date in the office.

Weather Cancellations: Check Green Bay TV Stations for notifications. If public schools are closed **in the city where the program is being held**, the program is cancelled. You may not receive any other notification. Cancellations may be made prior to the day of, on a case-by-case basis. If possible, an email will be sent informing those registered of the cancellation.



Reasons to stay engaged in Lifelong Learning:

- Improves self-confidence and other personal qualities.
- Strengthens your mental capabilities and overall well-being.
- Provides opportunities to meet new and like-minded people.
- Assists in developing new hobbies and interests; and
- Puts your well-developed skills to use after retirement.
- **Be a lifelong learner!**

Special Interest Groups

1) Readers' Choice

Love books and reading? Group participants decide on the selection of books to read and discuss.

Dates: Wednesdays; February 5, March 5, April 2, May 7, June 4

Time: 2 – 3:30 p.m.

Coordinator: Lee Prellwitz

Location: Evergreen

2) Garden Group

Experts will present on a variety of gardening and landscape topics. Field trips to area nurseries and gardens are a favorite activity. Group participants decide on the programming and activities.

Dates: Fridays; February 7, March 7, April 4, May 2, June 6

Time: 10 – 11:30 a.m.

Coordinator: Debby Butch

Location: Coughlin Center and various other locations selected by group.

3) Life Writing Group

Reflect on your life and write autobiographical stories that focus on aspects of those memories. The focus of this group is to share your personal writing and offer feedback to one another. Some helpful writing resources will be supplied. Participants will receive monthly writing prompts or themes to use but are free to write on any topic.

Dates: Tuesdays; February 25, March 25, April 22, May 27, June 24

Time: 10 – 11:30 a.m.

Coordinator: Helen Adams and Marsha Rossiter

Location: Evergreen

Maximum Participants: 15

Courses and Tours

4) Duty vs. Authenticity

How do we live in a world with two conflicting views of reality? Let us explore where we are at in understanding these world views and then think about how they affect our culture economically, politically and socially. Are we a polarized culture because of these two world views or are there more voices and greater complexity within our culture? Could it be that we are a culture that is constantly triangulating, and we use polarization as a distraction to not allow any other voices to be heard? Let us explore some of these ideas to get a better understanding of where we are at and how we might move forward culturally.

Date: Tuesday, February 4, 2025

Time: 10 – 11:30 a.m.

Presenter: Reverend Dr. Kevin Mundell

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

5) Income Taxes and Taxation

This presentation will focus on income taxes. Mr. Morrison will provide an overview on the history of taxation in the United States and follow up with tax decisions focused on those nearly retired, those who are retired, and taxation upon death.

Date: Wednesday, February 5, 2025

Time: 1:30 – 3 p.m.

Presenter: William Morrison, CPA, CFA, CFP

Coordinator: Lee Prellwitz

Location: Oshkosh Seniors Center

6) Reducing the Risk of Political Violence through Civic Engagement

Is it possible to reduce the risk of political violence through increased civic engagement? Professor Michael Ford will present on Whitburn Center research on election violence and civic engagement. Professor Ford is involved in a major project on this topic and will present an update on the current status of the project.

Date: Monday, February 10, 2025

Time: 10 – 11:30 a.m.

Presenter: Michael Ford, UW Oshkosh Associate Professor of Public Administration

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

7) Tour: Boys & Girls Club

A guided walking tour of the newly renovated Boys & Girls Club, where you'll have the opportunity to explore the facility and discover the diverse range of programs and services they offer to support and empower youth in the community.

Date: Tuesday, February 11, 2025

Time: 1 – 2:30 p.m.

Presenter: Kevin Mueller

Coordinator: Kathi Sawall

Location: Boys & Girls Club, 501 E Parkway Ave, Oshkosh, WI 54901

8) Demonstration of the Oshkosh Police Department K-9 Officer

Officer Martinez will do a presentation and demonstration with the Oshkosh Police Department K-9 Officer.

Date: Wednesday, February 12, 2025

Time: 1:30 – 3 p.m.

Presenter: Roberto Martinez, K-9 Officer for the Oshkosh Police Department

Coordinator: Lee Prellwitz

Location: Evergreen (W&PAC) – Hybrid

9) Keeping Local News Alive and Relevant

Karen Schneider, the Publisher of the Oshkosh Herald, Neenah News, and Winneconne News, will talk about her journey in starting up and purchasing local newspapers. She will talk about why it's important for us to have local news available, and why the print version is so important. She will also discuss the work that goes into creating local, weekly newspapers.

Date: Thursday, February 13, 2025

Time: 10 – 11:30 a.m.

Presenter: Karen Schneider

Coordinator: Pat Lowney

Location: Evergreen – Hybrid

10) A Muslim Wedding in India: Ancient Traditions in Modern Times

See how a new family member views wedding preparations and ceremonies of this minority culture in India. Learn about Muslim traditions, expectations and gender roles.

Date: Monday, February 17, 2025

Time: 1:30 – 3 p.m.

Presenter: Rosie Buser

Coordinator: Shane Boeder

Location: Evergreen – Hybrid

11) Winnebago County Community Health Assessment

The Community Health Assessment (CHA) provides an overview of the community's health, the drivers of health, health status, and health outcomes. This goes far deeper than most of the community envisions as the job of the Health Department. Come to this review of the salient features of this thorough assessment of our community and what health improvements can grow from the study.

Date: Wednesday, February 19, 2025

Time: 10 – 11:30 a.m.

Presenter: Heidi Keating, MPH, Public Health Planner

Coordinator: Jim Krueger

Location: Evergreen– Hybrid

12) A History of Professional Baseball in Appleton

Dive into the history of the Appleton Papermakers, the Wisconsin State League, the Appleton Foxes, and the Timber Rattlers. Discover the Hall of Famers, the players, and the personalities that helped build professional baseball in the area. Find out about the changes in how a minor league baseball is run and what the Timber Rattlers are doing to prepare for their future with this program.

Date: Thursday, February 20, 2025

Time: 1:30 – 3 p.m.

Presenter: Chris Mehring, Director of Media Relations, Wisconsin Timber Rattlers

Coordinator: Pat Lowney

Location: Evergreen – Hybrid

13) Thru Fire & Ice: A Pacific Trail Thru-Hike

After Claire "Honeybee" Aither thru-hiked the Appalachian Trail with her father Tim, she decided she had unfinished business in the mountains. She and her boyfriend Skyler "Paris" Donachie set off for a 2,655-mile hike from the border of Mexico to Canada. Enjoy stories of the triumphs, trials, and tribulations of walking from border to border through various ecosystems and seven national parks.

Date: Friday, February 21, 2025

Time: 1:30 – 3 p.m.

Presenters: Claire Aither & Skyler Donachie

Coordinator: Lee Prellwitz

Location: Coughlin Center

14) United States Leadership in a Changing World Economy

Following the end of World War II, with much of Europe and Asia lying in ruins, the United States emerged as the dominant economy of the world. Under its leadership, non-communist governments generally moved to foster reconstruction and growth by opening their borders to free trade and investment opportunities, governed by agreed upon rules and transnational institutions. More recently, however, real or perceived imbalances resulting from these policies have resulted in a resurgence of economic nationalism and protectionism on a scale unseen in almost a century. What do these developments portend for the world economy and the role of the United States?

Date: Wednesday, February 26, 2025

Time: 1:30 – 3 p.m.

Presenter: Dr. Martin Farrell, Ripon College Professor of Political Science, Emeritus

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

15) The Geography of Wisconsin (2022)

The co-authors of *The Geography of Wisconsin*, published in 2022 by the University of Wisconsin Press, will describe both the book and their work in preparing it. They plan to discuss their motivations for writing the book and explain their considerations in selecting the topics featured within the various chapters. Wanting to explore and explain Wisconsin's physical and cultural landscape, the co-authors focused upon describing the visual landscape, selecting photographs, and drafting maps to best illustrate the book. After providing a brief overview, the co-authors will describe the preparation of one or two chapters in detail.

Date: Thursday, February 27, 2025

Time: 1:30 – 3 p.m.

Presenters: Dr. John A. Cross & Dr. Kazimierz J. Zaniewski, UW Oshkosh Professors of Geography, Emeritus

Coordinator: Lee Prellwitz

Location: Coughlin Center

16) The 2008 Financial Crisis Series - Part 1: "Too Big to Fail" (99 minutes)

The 2008 financial crisis will be examined in a three part series. We will watch two movies in parts one and two and will have a presentation and discussion in part three. The two movies will be used to provide information to aid in the discussion.

"Too Big to Fail" is a 2011 TV film that dramatizes the 2008 financial crisis. Based on Andrew Ross Sorkin's book, it showcases the efforts of financial and political leaders to prevent the collapse of major banks and the global financial system. The film provides an insightful behind-the-scenes look at this critical period in modern economic history.

Date: Monday, March 3, 2025

Time: 1:30 – 3 p.m.

Presenter: Movie Time

Coordinator: Lee Prellwitz

Location: Evergreen

17) The Complex Relation Between Medications & Nutrition

Dr. JJ Allen, owner of Hometown Pharmacy (Sawyer Street, Oshkosh) is a Doctor of Pharmacy and a certified sports nutritionist with a passion for helping clients create a healthier lifestyle to decrease the need for medications. In this presentation he revisits the complex relationship between medications and nutrition. Discover how common medications can alter your body's nutrient requirements, leading to either a decreased or increased need for specific nutrients. Dr. Allen will explain these effects and share practical strategies to optimize your nutrient intake and reduce the need for prescription medications.

Date: Tuesday, March 4, 2025

Time: 10 – 11:30 a.m.

Presenter: Dr. JJ Allen, PharmD, CISSN, Hometown Pharmacy

Coordinator: Karen Kaempffe

Location: Oshkosh Seniors Center

18) Making Sense of the Fall 2024 Elections

Dr. Palmeri will examine the key events that decided the 2024 elections for President, Congress and the Wisconsin State Legislature. Attendees will be encouraged to share their views on the election results.

Date: Thursday, March 6, 2025

Time: 1:30 – 3 p.m.

Presenter: Dr. Tony Palmeri, UW Oshkosh Professor of Communications Studies

Coordinator: Nathalie Moore

Location: Evergreen – Hybrid

19) The 2008 Financial Crisis Series - Part 2: “Inside Job”(108 Minutes)

In part two of the series, the movie “Inside Job” will be shown. This is a 2010 American documentary film that investigates and exposes the financial system responsible for creating and mishandling the 2007-2008 global financial meltdown crisis and the 2008-2011 Icelandic financial crisis, interviewing many, but not all, key figures related to the systemic corruption and pathological greed of Wall Street causing widespread foreclosures and frozen liquidity.

Date: Monday, March 10, 2025

Time: 1:30 – 3:30 p.m.

Presenter: Movie Time

Coordinator: Lee Prellwitz

Location: Evergreen

20) Lyme Disease

Lyme disease, or rather Lyme complex, is an often misunderstood and misdiagnosed illness and is the greatest of imitators. This condition, once primarily associated with the Northeastern United States, has now spread to many parts of the country and poses a growing public health concern. In this presentation, Ms. Anderson will explore Lyme complex, its wide-ranging symptoms, and the challenges of diagnosis and treatment. Additionally, she will address prevention, early detection, and effective management strategies to improve outcomes.

Date: Tuesday, March 11, 2025

Time: 1:30 – 3 p.m.

Presenter: Evelyn Anderson, Family Nurse Practitioner, Certified Sports Nutritionist

Coordinator: Karen Kaempffe

Location: Evergreen – Hybrid

21) Tour: Rock Garden Studio

Rock Garden Studio is Wisconsin's most successful recording facility and is one of the last remaining "old school" studios. Awesome sound rooms, classic stage gear and classic recording equipment along with powerful, modern computer editing and automation will be discussed. Rock Garden also has a console that has been used in many, many hit recordings over the years. This will be an informative, fun tour.

Date: Thursday, March 13, 2025

Time: 1:30 – 3 p.m.

Presenter: Marc Golde

Coordinator: Pat Lowney

Location: Rock Garden Studio, 101 W Edison Ave, Suite 120, Appleton, WI 54915

Maximum Participants: 25

Note: Drive all the way to the end of Edison Ave and park in the lot under the Oneida Street Bridge. Rock Garden is the entrance with the RSG logo. (This is near Pullmans off S. Olde Oneida St. in Appleton)

22) The 2008 Financial Crisis Series - Part 3: Presentation & Discussion

Part three of the series will be a presentation, followed by a discussion on the financial crisis, and the two movies we watched. The 2007–2008 financial crisis, or the global financial crisis (GFC), was the most severe worldwide economic crisis since the 1929 Wall Street crash that began the Great Depression. Causes of the crisis included predatory lending in the form of subprime mortgages to low-income homebuyers and a resulting housing bubble, excessive risk-taking by global financial institutions and lack of regulatory oversight, which culminated in a "perfect storm" that triggered the Great Recession, which lasted from late 2007 to mid-2009.

Date: Monday, March 17, 2025

Time: 10 – 11:30 a.m.

Presenter: William Morrison

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

23) MRSA: Story of Survival (Continued)

On September 5, 2009, Rosie's life changed dramatically when a doctor informed her that she had a MRSA infection and only a 30% chance of survival. This diagnosis led to numerous surgeries, hospitalizations, and severe emotional, spiritual, financial and physical challenges. Misunderstanding about MRSA led to isolation from some family and friends. Driven to prevent others from facing similar struggles, Rosie began working with healthcare professionals to address MRSA-related issues in their organization. She shared her story with leadership, realizing its power in driving change. Even as Rosie continues to battle this infection, she uses her experiences to co-design with medical professionals, inform researchers, and advocate for patients and their family care partners, aiming for a world free of such serious infections. This is a continued presentation from March 7, 2024.

Date: Tuesday, March 18, 2025

Time: 10 – 11:30 a.m.

Presenter: Rosie Bartel

Coordinator: Karen Kaempffe

Location: Coughlin Center

24) Acupuncture: New Research for Ancient Medicine

Acupuncture has been used for centuries to help improve overall wellness and provide relief for health conditions. In her Oshkosh-based acupuncture practice, Megan Bartelt has performed acupuncture to help people who experience joint pain, tendinitis, auto-immune disorders, addiction, stress, anxiety and depression, neurodegenerative disorders, and to promote overall health and well-being. Today Ms. Bartelt will explain how acupuncture works, share experiences from her acupuncture practice, and explain the process for Medicare coverage of acupuncture services.

Date: Wednesday, March 19, 2025

Time: 3 – 4:30 p.m.

Presenter: Megan Bartelt, L.Ac., MSOM, Dipl.Ac

Coordinator: Shane Boeder

Location: Evergreen (W&PAC) – Hybrid

25) The Future of AM/FM Radio

Auto makers talk about eliminating AM radio in cars. Wisconsin Public Radio recently reported that 70% of their listeners listen via streaming at least once per week. It is becoming increasingly challenging to find a radio in stores. Satellite radio is becoming increasingly popular. Podcasts are taking audiences from traditional radio. What will those of us that listen to traditional radio do?

Our speaker will discuss these topics and share what UW Oshkosh's Radio TV Film Department are teaching students to prepare them for what they will need to know going into this field.

Date: Thursday, March 20, 2025

Time: 1:30 – 3:00 p.m.

Presenter: Wendell Ray, General Manager at 90.3 WRST-FM and UW Oshkosh Instructor in the Department of Radio TV Film

Coordinator: Pat Lowney

Location: Evergreen – Hybrid

26) Leadership Oshkosh: What is it? Why it Matters?

Trina Woldt will introduce you to the program and the impact it has on the community. Leadership Oshkosh is a community leadership program that empowers a diverse group of individuals with the knowledge needed to address local challenges effectively and introduces them to the community leaders. The program nurtures future leaders who can drive positive change to ensure the long-term resilience and growth of their communities.

Date: Monday, March 24, 2025

Time: 10 – 11:30 a.m.

Presenter: Trina Woldt, Director of Leadership Oshkosh

Location: Evergreen – Hybrid

27) Chef's Choice: Presentation on The Sinking of the RMS Lusitania

The RMS Lusitania was a British-registered ocean liner that was torpedoed by an Imperial German Navy U-Boat during World War I on May 7, 1915, about 11 nautical miles (20 kilometers) off the Old Head of Kinsale, Ireland. The attack took place in the declared maritime warzone around the United Kingdom, three months after unrestricted submarine warfare against the ships of the United Kingdom had been announced by Germany following the Allied powers' implementation of a naval blockade against it and the other Central Powers. The presentation will attempt to answer some of the questions that surrounded the torpedo attack and the immediate aftermath.

Date: Wednesday, March 26, 2025

Time: Lunch served at 12 p.m., Presentation at 1 p.m.

Presenter: Lee Prellwitz

Location: Evergreen

Cost: \$15

Maximum Participants: 60

28) Waltraud --- A True Story of Growing Up In Nazi Germany

Ms. Borden has always been passionate about storytelling. Her latest project is truly from the heart, a novel sharing her mother's real-life story of survival during one of the darkest chapters in history. Named after her, *Waltraud — A True Story of Growing Up in Nazi Germany*, will show you just how resilient the human spirit can be. Ms. Borden's first book shares her personal journey from desperation to hope and stirs her longing to convince others of their worth, dignity, and purpose. Mrs. Borden love sharing messages of hope, whether from the stage or through the written word. She will have copies of the book available.

Date: Friday, March 28, 2025

Time: 10 – 11:30 a.m.

Presenter: Tammy Borden

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

29) Pearl Harbor Post Bombing

By the time the residents of Pearl Harbor had the chance to come to terms with what had happened on December 7, 1941, there was no doubt the aftermath of the attack would take a long time to clear. The United States had suffered amazingly at the hands of the Japanese, losing 1999 sailors, 233 soldiers, and 109 marines. In addition, 49 civilians were killed by bombs or shells.

The aftermath of the attack left Pearl Harbor in a state of shock and mourning. The devastation was a powerful symbol of the United States' vulnerability at that moment and became a rallying point for the nation as it entered World War II.

Date: Thursday, April 3, 2025

Time: 10 – 11:30 a.m.

Presenter: Chris Henry, Museum Director at EAA

Coordinator: Karen Kaempffe

Location: Evergreen – Hybrid

30) Oshkosh Police Department's Drone Fleet

Sgt. Feavel, drone team supervisor/coordinator will do a presentation on the Oshkosh Police Department's drone fleet. Weather permitting, the demonstration will include an outdoor drone flying component.

Date: Monday, April 7, 2025

Time: 10 – 11:30 a.m.

Presenter: Sgt. Heath Feavel, Oshkosh Police Department Drone Team

Coordinator: Mary Petzold

Location: Oshkosh Seniors Center

31) Global Women as Changemakers: Courage, Conscience, and Compassion

This presentation reveals some of the issues confronting the world's women by highlighting their stories that are untold, undervalued and forcibly silenced. To affirm the importance of equal rights and gender justice Shane celebrates the work of women changemakers: social justice and human rights activists, artists, writers, therapists, and perhaps the woman next door.

Date: Tuesday, April 8, 2025

Time: 10 – 11:30 a.m.

Presenter: Shane Boeder, Ph.D.

Coordinator: Shane Boeder

Location: Evergreen – Hybrid

32) ArtsCore

Established in 2015, ArtsCore is a partnership between UW Oshkosh, the Paine Art Center & Gardens, and regional public school districts that provide opportunities for future and practicing teachers to develop confidence, competence, and resiliency through the skilled practice of arts integration. Arts integration is a collaborative instructional strategy that can change the entire classroom culture. Students connect in creative experiences that demonstrate higher level thinking skills and foster experiential learning that is active, reflective, social, and focused on problem solving. Arts integration aligns with best practices for teaching and learning. Teachers using arts integration say they are energized and excited about teaching and that it brings joy to their classroom.

Date: Thursday, April 10, 2025

Time: 10 – 11:30 a.m.

Presenter: Gretchen Herrmann

Coordinator: Karen Kaempffe

Location: Evergreen – Hybrid

33) Cultivating Healthy Relationships

Cultivating healthy relationships is a lifelong pursuit for all of us, and just like a garden, there are some weeds to pull and some plants that need tending to flourish. In this presentation we will explore the definition of healthy and unhealthy relationships, mutuality and dependence in relationships, our biological and psychological need for social connections, as well as tools to cultivate relationships that thrive. We will look at perspectives from many theoretical and counseling approaches, so no question is too big, small or different to bring to the table in this interactive setting.

Date: Monday, April 14, 2025

Time: 1:30 – 3 p.m.

Presenter: Kathleen Steiner, LPC-IT

Coordinator: Jerry Lang

Location: Evergreen – Hybrid

34) Before You Go: The Work of a Death Doula & Living an Empowered Life

Jean Skeels is a death doula, life coach, yoga teacher, and author of the book *Before You Go: A Death Doula's Guide to Living Your Best Life*. Learn more about her work with hospice and her book on living fully and authentically. Ms. Skeels will provide information that may help you with relationships with friends in their final days, and also help one better deal with his or her own mortality. This work offers skills in presence and care for yourself and others, both in living your life and being with people at the end of life.

Date: Tuesday, April 15, 2025

Time: 1:30 – 3 p.m.

Presenter: Jean Skeels

Coordinator: Lee Prellwitz

Location: Oshkosh Seniors Center

35) Bus Tour: Rawhide Youth Services

Tour the million dollar development of the new Bart and Cherry Starr Museum located on the Rawhide Youth Services' grounds, shop in the gift shop and then have a hot buffet lunch on the grounds.

Date: Wednesday, April 16, 2025

Time: 8:45 a.m. – 2:30 p.m.

Presenter: The Bart and cherry Starr Museum

Coordinator: Kathi Sawall

Location: Rawhide Youth Services, E7475 Rawhide Road, New London, WI 54961

Cost: \$55 for members, \$60 for non-members

Maximum Participants: 50

36) Independence (Continued)

Stacey Ellingen, has Cerebral Palsy. She is non-verbal and will speak to the audience through her iPhone. She is in a power chair, which she operates with a single finger. She lives independently and will explain the technology she uses to make it happen. She is a network communications specialist who runs her own business. She holds press conferences, meets with state legislators, and hosts a self-determination show on the YouTube channel. This presentation will focus on the work she is doing to help people with disabilities live more independently. This is a continued presentation from September 29, 2023.

Date: Thursday, April 17, 2025

Time: 10 – 11:30 a.m.

Presenter: Stacey Elligen

Coordinator: Karen Kaempffe

Location: Evergreen – Hybrid

37) Ultralight-Led Whooping Crane Migrations

David Sakrison, former board member of Operation Migration and author of the book “Chasing the Ghost Birds: Saving Swans & Cranes from Extinction”, will describe efforts to save the Whooping Crane by returning this endangered species to the Eastern United States. Mr. Sakrison will have copies of his book available.

Date: Monday, April 21, 2025

Time: 10 – 11:30 a.m.

Presenter: David Sakrison

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

38) Supper with the Chef

Relax and savor the experience as a skilled Evergreen Chef showcases the preparation of a specially crafted Italian menu, designed exclusively for LIR. Enjoy the culinary journey! **(this program is for members only)**

Date: Tuesday, April 22, 2025

Time: 4:30 – 7:00 pm, bar opens at 4:30, presentation at 5

Presenter: An Evergreen Chef

Location: Evergreen

Cost: \$20

Maximum Participants: 45

39) Bus Tour: Mosquito Hill (Bats)

Bats have been the villains in many stories throughout history, but is that really fair? In reality, bats are the unsung heroes of the night sky, saving countless Wisconsin crops from insect attacks. Attend to learn about the different types of bats that live in Wisconsin and why these flying mammals are more important than you may think. After Mosquito Hill the group will go to lunch at The Hotel Fremont, this meal is included in the cost of the tour. Meal options will be provided to those who register.

Date: Wednesday, April 23, 2025

Time: 8:30 a.m. – 2:30 p.m. (approximately)

Presenter: Ally Noll, Naturalist at Mosquito Hill Nature Center

Coordinator: Pat Mahoney

Location: Mosquito Hill Nature Center, N3880 Rogers Rd, New London, WI 54961

Cost: \$75 for members, \$80 for non-members

Maximum Participants: 45

40) (Mis)understanding Contemporary China: A Retrospective from 2024 Looking Back

Irv Drasin's 1972 documentary film "Misunderstanding China" aired on CBS on the eve of President Richard Nixon's historic visit to the People's Republic of China.

Where are we now in 2024? What have we understood or misunderstood about China? What can we learn about China's past that affects China's present? Why does that attempt at understanding matter to us and perhaps the US, too? This talk will draw in part upon the speaker's decades' long experience living, working, and studying in China.

Date: Thursday, April 24, 2025

Time: 1:30 – 3 pm

Presenter: Dr. Brigid E. Vance Lawrence University Chairperson and Associate Professor of History

Coordinator: Pat Lowney

Location: Oak Park Place

41) Overcoming Our Ideological Divides

Imagine this: The room visibly tenses as strong opinions clash. A heated argument is about to erupt. What should you do? In this presentation Ms. Zern will explore how to:

- De-escalate heated dialogue.
- Nurture civil communication.
- Make collaboration possible.

Date: Tuesday, April 29, 2025

Time: 10 – 11:30 a.m.

Presenter: Kate Zern, Executive Director, Resolution Center, Inc.

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

42) I Need Help With My Stuff!

Is the stuff in your house keeping you from moving forward in life? Do you feel overwhelmed with the very thought of what it takes to clear out decades of treasures? You are not alone. Post Crescent columnist and author, Jean Long Manteufel, will share ideas and inspiration on how to move forward when you need help with your stuff/treasures.

Date: Wednesday, April 30, 2025

Time: 10 –11:30 am

Presenter: Jean Long Manteufel

Coordinator: Pat Lowney

Location: Evergreen – Hybrid

43) UW Oshkosh Theater Department Presents "1776"

It is the summer of 1776, and the nation is ready to declare independence... if only our founding fathers can agree to do it! 1776 follows John Adams of Massachusetts, Benjamin Franklin of Pennsylvania and Thomas Jefferson of Virginia as they attempt to convince the members of the Second Continental Congress to vote for independence from the shackles of the British monarchy by signing the Declaration of Independence.

Date: Sunday, May 4, 2025

Time: 2 p.m.

Presenter: UW Oshkosh Theater Department

Coordinator: Shane Boeder

Location: UW Oshkosh Theatre Arts Center, 1010 Algoma Blvd, Oshkosh, WI 54901

Cost: \$11

Maximum Participants: 25

44) Winnebago County Overdose Fatality Review

Join Jennifer Skolaski, PhD, and Overdose Fatality Review Project Manager, for an insightful presentation on the seven-year journey of the Winnebago County Overdose Fatality Review (OFR) team. Jennifer will share key lessons learned, highlight the impactful work accomplished, and discuss how collaborative efforts have shaped strategies to address the opioid crisis. The presentation will provide an overview of the team's successes in identifying trends, improving community response, and fostering partnerships to prevent future overdoses. Looking ahead, Jennifer will outline the path forward as the OFR team continues to evolve its initiatives, focusing on prevention, intervention, and data-driven solutions to save lives and strengthen community well-being.

Date: Tuesday, May 6, 2025

Time: 10 – 11:30 a.m.

Presenter: Jennifer Skolaski, PhD

Coordinator: Jim Krueger

Location: Evergreen – Hybrid

45) The Amish in Wisconsin

The Amish now account for nearly 15 percent of Wisconsin's dairy farmers and only one state has more Amish settlements than Wisconsin. This presentation discusses the spatial distribution of Wisconsin's 67 Amish settlements, the primary occupations of the Amish, particularly dairy farming, produce growing, and woodworking, and examines patterns of land ownership within Amish settlements.

Date: Thursday, May 8, 2025

Time: 10 – 11:30 a.m.

Presenter: Dr. John A. Cross, UW Oshkosh Professor of Geography, Emeritus

Coordinator: Lee Prellwitz

Location: Evergreen – Hybrid

46) Wandering on the Camino

Gretchen Herrmann enjoys walking in the community recording the beauty all around us as she wanders along. In September 2024, she walked over 100 miles in Spain on the Camino de Santiago and will share reflections and photos she collected along the way.

Date: Friday, May 9, 2025

Time: 10 – 11:30 a.m.

Presenter: Gretchen Herrmann

Coordinator: Lee Prellwitz

Location: Oshkosh Seniors Center

47) Memory Link – Resource Navigators

The Memory Link program is a free service of the Fox Valley Memory Project that helps people with memory loss and caregivers to connect with resources, using experienced “Resource Navigators”, and provide the ongoing support they need. Based upon individual circumstances, the resource navigators will offer simple and practical solutions, suggest services available in your community, and help create a plan to get the resources you need.

Date: Monday, May 12, 2025

Time: 10:30 – 11:30 a.m.

Presenter: Carrie Esselman, Grants Manager, Fox Valley Memory Project

Coordinator: Jerry Lang

Location: Evergreen – Hybrid

48) Music – A Brain Enhancer?

Join us to explore the insights and findings on the ways music may affect our brains. Music offers an illustrative example: the ability to produce and respond to music is conventionally ascribed to the right side of the brain, but processing such musical elements as pitch, tempo, and melody engages a number of areas, including some in the left-brain hemisphere. It has even been suggested that skilled musicians use their left brain more in responding to music than do the musically naïve, and that parts of the left brain may play a key role in appreciating the emotional dimension of music.

Date: Wednesday, May 14, 2025

Time: 10:30 – 11:30a.m.

Presenter: LaReina Tipping, CAPSW, MSW, Brain Center of Green Bay

Coordinator: Jerry Lang

Location: Oak Park Place

49) Bus Tour: The Fireside Theater—*Murder on the Orient Express*

Enjoy a captivating theater production of *Murder on the Orient Express*, a thrilling masterpiece by the Queen of Crime, Agatha Christie. This suspenseful tale is filled with clever twists and moments of comedy. You will also enjoy a plated lunch and can explore the four charming Fireside Gift Shops. Meal options will be provided to those who register.

Date: Thursday, May 15, 2025

Time: 8 a.m. – 6:30 p.m. (*approximately*)

Presenter: The Fireside Theater

Coordinator: Kathi Sawall

Location: The Fireside Theater, 1131 Janesville Ave, Fort Atkinson, WI 53538-2406

Cost: \$140 for members, \$145 for non-members

Maximum Participants: 56

Note: Please register by Friday, April 4, 2025. This bus tour will have a scheduled pick up at UW Fox Cities.

50) The Naming of Oshkosh Streets

At one time or another all of us have wondered about the reasoning behind a street's name. Some seem meaningless, while others obviously, at one time, had meaning which has long been forgotten. Or has it? Find out the true meaning behind the monikers held by the byways you travel daily.

Date: Tuesday, May 20, 2025

Time: 10 – 11:30 a.m.

Presenter: Deb Daubert

Coordinator: Lee Prellwitz

Location: Oshkosh Seniors Center

51) Bus Tour: Mosquito Hill (Bluebirds)

Wisconsin (including Mosquito Hill) is home to many blue birds; but are they all bluebirds? Please attend to discover what makes Eastern Bluebirds so special. Also learn about their successful return across their previous range. Ways that you can help bluebirds and provide them habitat will also be discussed. After Mosquito Hill the group will go to lunch at The Damn Yankees Watering Hole, this meal is included in the cost of the tour. Meal options will be provided to those who register.

Date: Friday, May 23, 2025

Time: 8:30 a.m. – 2:30 p.m. (*approximately*)

Presenter: Adam Brandt, Naturalist at Mosquito Hill Nature Center

Coordinator: Pat Mahoney

Location: Mosquito Hill Nature Center, N3880 Rogers Rd, New London, WI 54961

Cost: \$75 for members, \$80 for non-members

Maximum Participants: 45

Course Locations

Boys & Girls Club, 501 E Parkway Ave, Oshkosh, WI 54901

Coughlin Center, 625 E County Rd Y, Oshkosh, WI 54901

Evergreen, 1130 N Westfield Ave, Oshkosh, WI 54902

Note: A majority of programs are held in the Behnke Center, in the lower level of Evergreen. The W&PAC is the room to the left of the front entrance.

The Fireside Theater, 1131 Janesville Ave, Fort Atkinson, WI 53538

Mosquito Hill Nature Center, N3880 Rogers Rd, New London, WI 54961

Oak Park Place, 2205 Midway Rd, Menasha, WI 54952

Oshkosh Seniors Center, 200 N Campbell St, Oshkosh, WI 54902 (Main Building)

Rawhide Youth Services, E7475 Rawhide Road, New London, WI 54961

Rock Garden Studio, 101 W Edison Ave, Suite 120, Appleton, WI 54915

UW Oshkosh Theatre Arts Center, 1010 Algoma Blvd, Oshkosh, WI 54901

Tours: Transportation for tours this semester include both bus and self-drive. If a tour is a bus tour, it will be indicated in the program title. If not specified, transportation to the tour location will be the self-drive.

Bus Tour Details:

- Approximate times are listed for the length of the tour from bus departure to return
- More information regarding tour specific details will be shared to those who register
- Coach Bus Pick-up Locations will be the parking lot of Rogan's Shoes, 2145 S. Koeller Street, Oshkosh, WI 54902 and Evergreen

Course Delivery Instructions

Programs will be offered in a couple of different formats:

In-Person: If a location is listed, the program is in-person and that is the only option to view the program.

Hybrid: If the program is at Evergreen and says "Evergreen – Hybrid," you may choose to register to attend in-person or view the program virtually. Registration required if you know you will view it virtually. You may not have the same experience virtually, but you will be able to view it from the comfort of your home. Please be aware that not all programs at Evergreen are available virtually.

Virtual Viewing Reminders:

- Links for all Hybrid and Virtual programs will be sent to registered participants from Timely Network Inc. Please keep these emails for your records.
- Please turn off your camera and microphone when viewing the presentation.
- Closed caption is available, if you want to use it, click on "Live Transcript" and select subtitles.
- To ask a question, click on the word "Chat" at the bottom of your screen and type in your question.

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Duty vs, Authenticity 10-11:30 a.m. Evergreen	5 Readers' Choice 2-3:30 p.m. <hr/> Taxes 1:30-3 p.m. Oshkosh Seniors Center	6	7 Garden Group 10-11:30 a.m.	8
9	10 Reducing the Risk of Political Violence 10-11:30 a.m. Evergreen	11 Tour: Boys & Girls Club 1-2:30 p.m.	12 OPD K9 Officer 1:30-3 p.m. Evergreen (W&PAC)	13 Keeping Local News Alive and Relevant 10-11:30 a.m. Evergreen	14	15
16	17 A Muslim Wedding in India 1:30-3 p.m. Evergreen	18	19 Winnebago County Community Health Assessment 10-11:30 a.m. Evergreen	20 A History of Professional Baseball in Appleton 1:30-3 p.m. Evergreen	21 Thru Fire and Ice 1:30-3 p.m. Coughlin Center	22
23	24	25 Life Writing Group 10-11:30 a.m.	26 US Leadership in a Changing World Economy 1:30-3 p.m. Evergreen	27 The Geography of Wisconsin 1:30-3 p.m. Coughlin Center	28	

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Movie: "Too Big to Fail" 1:30-3 p.m. Evergreen	4 Medications & Nutrition 10-11:30 a.m. Oshkosh Seniors Center	5 Readers' Choice 2-3:30 p.m.	6 Making Sense of the Fall 2024 Elections 1:30-3 p.m. Evergreen	7 Garden Group 10-11:30 a.m.	8
9	10 Movie: "Inside Job" 1:30-3:30 p.m. Evergreen	11 Lyme Disease 1:30-3 p.m. Evergreen	12	13 Tour: Rock Garden Studio 1:30-3 p.m.	14	15
16	17 2008 Financial Crisis 10-11:30 a.m. Evergreen	18 MRSA: Story of Survival 10-11:30 a.m. Coughlin Center	19 Acupuncture 3-4:30 p.m. Evergreen (W&PAC)	20 Future of AM/FM Radio 1:30-3 p.m. Evergreen	21	22
23	24 Leadership Oshkosh 10-11:30 a.m. Evergreen	25 Life Writing Group 10-11:30 a.m.	26 Chef's Choice 12-2:30 p.m. Evergreen	27	28 Waltraud— A True Story of Growing Up in Nazi Germany 10-11:30 a.m. Evergreen	29
30	31					

April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Readers' Choice 2-3:30 p.m.	3 Pearl Harbor Post Bombing 10-11:30 a.m. Evergreen	4 Garden Group 10-11:30 a.m.	5
6	7 OPD Drones 10-11:30 a.m. Oshkosh Seniors Center	8 Global Women as Changemakers 10-11:30 a.m. Evergreen	9	10 ArtsCore 10-11:30 a.m. Evergreen	11	12
13	14 Cultivating Healthy Relationships 1:30-3 p.m. Evergreen	15 Before You Go 1:30-3 p.m. Oshkosh Seniors Center	16 Bus Tour: Rawhide Youth Services	17 Independence 10-11:30 a.m. Evergreen	18	19
20	21 Ultralight-Led Whooping Crane Migrations 10-11:30 a.m. Evergreen	22 Life Writing Group 10-11:30 a.m. <hr/> Supper with the Chef 4:30-7 p.m. Evergreen	23 Bus Tour: Mosquito Hill (Bats)	24 (Mis) understanding Contemporary China 1:30-3 p.m. Oak Park Place	25	26
27	28	29 Overcoming Ideological Divides 10-11:30 a.m. Evergreen	30 I need Help With My Stuff! 10-11:30 a.m. Evergreen			

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Garden Group 10-11:30 a.m.	3
4 UWO Theater Dept. Presents: "1776" 2 p.m.	5	6 Winnebago County Overdose Fatality Review 10-11:30 a.m. Evergreen	7 Readers' Choice 2-3:30 p.m.	8 The Amish in Wisconsin 10-11:30 a.m. Evergreen	9 Wandering on the Camino 10-11:30 a.m. Oshkosh Seniors Center	10
11	12 Memory Link – Resource Navigators 10:30-11:30 a.m. Evergreen	13	14 Music– A Brain Enhancer? 10:30-11:30 a.m. Oak Park Place	15 Bus Tour: The Fireside Theater "Murder on the Orient Express"	16	17
18	19	20 The Naming of Oshkosh Streets 10-11:30 a.m. Oshkosh Seniors Center	21	22	23 Bus Tour: Mosquito Hill (Bluebirds)	24
25	26	27 Life Writing Group 10-11:30 a.m.	28	29	30	31

Note: The only programs scheduled in June at this time are the monthly special interest groups.

Annual Meeting details to be announced.

THANK YOU!

Learning in Retirement extends its thanks and appreciation to the individuals and organizations listed below who have given their time, shared and added their wealth of knowledge and skill to the enrichment of the programs from which our members benefited greatly this past Fall 2024 semester.

Fall 2024 Guest Presenters

- Adam J. Brandt, Naturalist, Mosquito Hill Nature Center
- Allyn E. Noll
- Amy D'Addario, MS, CSW, SAC
- Dr. Arnold Shober, Lawrence University
- Beth Johnson, PhD, UW Oshkosh
- Bill Gilliard, UW Oshkosh
- Dr. Blake Waterhouse
- Brad Basten, WI Department of Transportation
- Dr. Brian Smith, Ripon College (Retired)
- Carmen Leal
- Carrie Esselman, Fox Valley Memory Project
- Chris Henry, EAA Museum
- Christopher Tarmann, UW Oshkosh
- Cody Hoffman, Faith Technologies Inc.
- Connie Schuster
- Craig Burnett, TEDxOshkosh
- Darryl Eschete, Oshkosh Public Library
- Dr. David Siemers, UW Oshkosh
- David Weiss, Community Foundation of the Fox Valley
- Deb Daubert, Curator (Retired), Oshkosh Public Museum
- Dr. Edward Linenthal
- Jeanna Giese
- Jim Boehm
- Dr. JJ Allen
- Dr. Joe Hatcher
- Joseph Peterson, UW Oshkosh
- Kate Morton Springborn
- Kristin Rose, UW Oshkosh
- Dr. Kunal Patel, MD. Ophthalmologist, Tower Clock Eye Center
- LaReina Tipping, CAPSW, MSW, Brain Center of Green Bay
- Laura Jean Baker
- Lee Prellwitz
- Lisa Hintz and Sandy Drexler, Tri-County Dental Clinic
- Michael McArthur, Oshkosh Public Library
- Paisley Harris
- Peter Scott, Kettle Moraine Springs State Fish Hatchery
- Professor Michael Leckrone
- Dr. Ralph Gunderson, UW Oshkosh
- Dr. Robert Wise
- Susan Apps-Bodilly
- Tony Palmeri, UW Oshkosh
- Trisha Witthuh
- William Baurecht
- Dr. William Urbrock, UW Oshkosh (Retired)
- William Wooley, Ripon College (Retired)

Host Locations

- Community Foundation for the Fox Valley Region
- Coughlin Center
- Epic Systems
- Evergreen
- Gordon Bubolz Nature Preserve
- LaSure's Banquet Hall
- Morton LTC & Morton Safety
- Mosquito Hill Nature Center
- Oak Park Place
- Oshkosh Senior Center
- Ripon College, Willmore Center Fieldhouse
- Xavier Fine Arts Theatre

Learning In Retirement

Are you looking for something to keep yourself sharp, active, and involved?
Then join a community of lifelong learners

Learning in Retirement (LIR) is a self-directed, membership-based association, offering learning opportunities to its members.

The LIR Membership fee of \$105 includes unlimited attendance for one academic year July 1-June 30:

Learning sessions led by experts in their fields

Member-led interest groups

Tours of business, industry, museums, and gardens

Music and theater performances

Additional Learning and Entertainment Opportunities

We are fortunate that both UW Oshkosh and Ripon College offer numerous speakers, panels, and presentations that align with LIR's "Lifelong Learning" objective. LIR regularly monitors the UW Oshkosh and Ripon College calendars to identify programs that might interest our members, some of which are available for virtual viewing. Watch your email throughout the semester for notifications of these additional opportunities.

Highlights for the Spring Semester:

Reducing the Risk of Political Violence through Civic Engagement

Oshkosh Police Department Presentations

Keeping Local News Alive and Relevant

Thru Fire & Ice: A Pacific Trail Thru Hike

The 2008 Financial Crisis – Three Parts: Two Movies Followed by a Presentation & Discussion

The Future of AM/FM Radio

Mosquito Hill Tours

(Mis)understanding Contemporary China – A Retrospective from 2024 Looking Back

Overcoming Our Ideological Divides

Theater Performances: "1776" & "Murder on the Orient Express"

The Amish in Wisconsin

Special Interest Groups: Reading, Writing, and Gardening

